

G.P. Shorinryu Karate Club

The G.P. Shorinryu Karate Club is holding its 18th annual Karate/Sport Day Camp. The day consists of two 1-hour karate classes, one in the morning and one in the afternoon. The rest of the day is spent playing sports, and games indoors and out. Children should bring sunscreen, insect repellent and lunch.

Summer Day Camps



SESSION 1 July 9 to July 13 \$230. Ages 6-13

SESSION 2 *This Is New, Orange belt and Higher only.* July 16 to July 20 \$230. Ages 10-16

This session consists of Karate Classes and Conditioning only

SESSION 3 July 23 to July 27 \$230. Ages 6-16

Deadline for registration is May 31, 2018. Fees must accompany registration. After May 31 fee \$270, session

Schedule

9am	Karate Class
10am	Snack (supplied)
10:15am	Sports and Games
Noon	Lunch
1:00pm	Karate class
2:00m	Snack (supplied)
2:15pm	Sport and Games
3:30pm	end of day, child pickup.

Blue/Brown/Black Belt Session Friday August 10 to Sunday August 12 \$180.

Friday 6:00-8:30 pm

Saturday 9:00 am-12:00pm, 1:30-4:00pm

Sunday 9:00 am-12:00pm, 1:30-4:00pm

This session is for all green belts and higher planning on attempting a B belt test(Blue, Brown, Black), the day will comprise of practice of Kihon for belt test, Kata for belt test, Kumite tactics and strategy.

This will count as 9 classes toward belt test requirement.

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